

Oct. 1, 2011– Sept. 30, 2012

Educational Presentations

- Provided 2 presentations at the 2011 NC Conference on Aging on creative programming and staff impacts as well as research results from the ARTmail study in partnership with Dr. Sudha Shreeniwas, Department of Human Development and Family Studies, UNCG.
- Participated in Standing Together to Prevent Falls: A Falls Prevention Event in collaboration with the Guilford County Falls Prevention Coalition of SafeGuilford.
- Participated in 1 health fair at First Baptist Church (GSO) providing information about creativity and aging to approximately 150 people.
- Provided presentation about creative aging and CAN-NC to 13 older adults at Well Spring Retirement Community (GSO).
- Provided presentation on creativity for better health to 25 older adults at Providence Baptist Church (GSO) and 35 older adults at Emerywood Baptist Church (HP).

Programming

- Facilitated 17 art classes to 12 participants in an adult day care setting
- Facilitated 4 painting classes to 12 participants in a long-term care setting
- Facilitated 3 one-to-one painting classes for an individual with physical impairments in a long-term care setting

Training

- Attended Master TimeSlips Trainer Conference and CREATE *CHANGE*: Transforming Care for Elders through Creative Engagement, A Summer Institute of the UWM, Center on Age & Community. Also served as beta tester for TimeSlips online training system and participated in 2 national TimeSlips Trainer conference calls to focus on functionality and evaluation of the online training system.
- Coordinated Creativity Matters: Arts & Aging Core Training for Teaching Artists pilot training program in partnership with the National Center for Creative Aging and the NC Arts Council. Held at The Music Academy of NC (GSO), 13 professional teaching artists learned to facilitate sensory and listening activities for drawing out life story and on guiding groups of older adults to engage artistically with their stories. Attendees were taught about the principles of learner-centered education for older people as well as the aging process and the emerging field of creative aging.
- Provided training to 3 staff at Nasher Museum to aid them in working with older adults with dementia and their caregivers.
- Provided 2 trainings to 20 community volunteers including 8 gerontology students for the Day of Listening, Building Common Ground project in collaboration with the Greensboro Public Library.

Consulting

- Provided 6 specialized consultations with 3 recreation/activities staff and 1 manager at PACE of Burlington focusing on improving program design and implementation.
- Provided guidance in planning Second Spring Arts, a Winston Salem festival celebrating creativity in the later years.

Research

- In partnership with Department of Human Development and Family Studies, UNCG, submitted a manuscript of “A picture is worth a thousand words: Evaluation of the ARTmail senior art project among seniors with cognitive limitations in North Carolina” to the *International Public Health Journal* [to be published in IPHJ 2013; 5(4)].

Special Events

- Conducted 2 Resource Focus Group meeting with 25 community stakeholders to provide information about CAN-NC and garner feedback.
- Hosted 2 art openings for 87 year old painter in partnership with Ambleside Gallery attended by approximately 100 community members.
- Hosted art reception in partnership with The Creative Center attended by 40 people.
- CAN-NC Arts Festival, Celebrating Creativity As We Age during Older Americans Month to reduce negative societal views of aging, raise awareness of aging issues and improve the quality of life for older people through creative engagement.
 - Coordinated exhibitions of more than 50 works of art by 11 older adults at 4 locations.
 - Coordinated Arts Link in partnership with the Alzheimer’s Association and the Duke Family Support Program to encourage cultural venues to offer new opportunities for people with early stage dementia and their caregivers. Two Triangle area venues, the NC Museum of Art and the Nasher Museum, participated.

Planning

- Attended meetings of Second Spring, a celebration of creativity and aging planned for May 2013 in Winston-Salem. The celebration will recognize and honor those seniors who are already involved in a creative process and encourage and motivate other seniors to discover their creativity through systematic programming.
- A core founder of the Alzheimer’s Task Force, attended meetings focusing on the development of specialized programs for people with a diagnosis of early-stage and young-onset dementia as well as their caregivers.
- As a member of the Guilford County Senior Services Roundtable, assisted with planning for the Grey Tsunami Candidates Forum.
- Assisted in planning the Standing Together to Prevent Falls: A Falls Prevention Event in collaboration with the Guilford County Falls Prevention Coalition of SafeGuilford.
- Served as core member of the Building Common Ground planning team, a project of the Greensboro Public Library.